



**TITLE: UNDERSTANDING APPLICATION OF PHOENIX REPERTORY:  
A CASE REPORT**

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**ABSTRACT:**

Phoenix Repertory is one of the modern repertories yet is a rarely used repertory. A zealous homoeopath can use the repertory very effectively in day to day practice as it follows Kent's philosophy and the author Dr. JPS Bakshi has done a lot of additions to both rubrics and remedies. This article explores its application and comparison with Kent Repertory and synthesis repertory.



**KEY WORDS:** A case study was done using the volume 1 & 2 of phoenix repertory with a specialized repertory sheet containing all the rare remedies mentioned in the rubrics. Kent's Repertory and Synthesis repertory was used to compare the efficacy of the repertory. The analysis and evaluation were done as per the Kent's method.

### **INTRODUCTION:**

A phoenix symbolizes "a legendary bird with stunning feathers, believed to be unique and to exist for five or six hundred years in the Arabian desert, it incinerated itself on a funeral pyre set ablaze by the sun and fanned by its own wings, emerging from its ashes rejuvenated to experience another cycle."<sup>1</sup> This endeavor, as perceived, is not a reiteration of history. It represents a novel approach; it diminishes certain previous efforts, while still preserving its beneficial aspects.<sup>2</sup>

To discover the appropriate remedy, we need to explore the vast array of human emotions and the wealth of their symptoms found in our repertories. However, there has consistently been a demand to develop a synthesis that preserves the core of the past while also incorporating new discoveries and studies.

This repertory features 80,000 entries, double the total number of rubrics found in Kent and four times the amount of mental rubrics compared to Kent<sup>1</sup>. The origin of the data collected is not edforeach remedy, enhancing the book'sreliability<sup>3</sup>. Numerousclinical rubrics have been incorporated into each chapter, which cover mental disorders, infections, and conditions in current terminology. This repertory is



applicable for repertorising all types of cases, including generals and particulars. The few limitations of the Repertory include numerous remedies. Most of them lack strong evidence, even though they have been included from reliable sources, and their application in clinical practice cannot be considered certain. Some remedies which are rare are absent from standard Materia medica texts, leaving knowledge about the insufficient<sup>1</sup>.

### **CASE**

A female patient of age 38 years came to JIMS Homoeopathic Medical Hospital OPD, complaining about pain in lower back for 10 years with gradual progression. Pain was of dragging type, which aggravated on bending and exertion better on massage. Another complaint of pain in left knee joint since 2-3 months which aggravated on sitting and better by massage. Also complaining of difficulty in breathing sometimes on physical and mental exertion. Patient has tendency of breast tumours bilaterally, which was surgically removed in the year 2006, 2008 and 2018. Everyone in both maternal and paternal side is apparently healthy, except her father who has Diabetes Mellitus, Hypertension and is paralysed since the year 2018. Patient is vegetarian since childhood and lacked appetite with no specific cravings but has aversion to sweets. Patient has dreams of drowning very frequently. She perspires moderately on back and feels weak after going out in sun, thermally hot. She has regular menses, along with pain in the breasts before menstruation. She had 3 full term normal deliveries without any complications.



### **LIFE SPACE INVESTIGATION**

Patient is irritable in nature, angry if someone says anything against her, don't like anyone contradicting her. Everyone in home must listen to her, she feels she is right because she knows things and situations others don't know. She feels bad if anyone, say anything to her, about anything. Patient has fear of height and has a hurried way of talking. Patient also informed that her breast tumours appeared whenever she was in a bad situation of life, first tumours appeared when she failed her intermediate examination and it reappeared when her father was suddenly paralysed in 2018.

<b>Situation</b>	<b>Expression/ emotion</b>	<b>Interpretation</b>
<b>Wants everyone to listen to her as she is correct</b>	<b>Shouts on others</b>	<b>dictatorial</b>
<b>Breast tumors from sudden bad news.</b>	<b>sudden shock</b>	<b>Ailments from bad news</b>
<b>Feels bad if anyone say anything to her</b>	<b>Sadness</b>	<b>Offended easily</b>

On examination it was found that the patient had marked pallor in conjunctiva and nails and on examination of knee, crepitation were felt in left knee. Investigation reports were as follows: Haemoglobin – 8.7 gm%, PCV- 30.1, Serum vitamin B 12 – 184 pg/dl X-ray knees shows mild osteophytic changes and lumbar x-ray shows compressed vertebrae with osteophytic changes. The case was diagnosed as a case Pernicious Anaemia with lumbar spondylitis.



### ANALYSIS OF SYMPTOMS

As phoenix repertory follows Kent's philosophy so Kent's method of analysis of symptom should be done.

MENTAL GENERAL	PHYSICAL GENERAL	PARTICULAR SYMPTOMS
Fear of height	Aversion to sweets	Pain in back ,< exertion >massage
Hasty speech	Dreams of Drowning	Tendency of mammary tumours
Dictatorial nature		Pallor
Offended easily		
Ailments from bad news		

### EVALUATION OF SYMPTOMS

As per Kent's method of evaluation of symptoms, the above symptoms can be classified as follows:

- Fear of high places- mental characteristic symptom- grade 1(emotion)
- Dictatorial-mental characteristic symptom- grade 1(will)
- Offended easily-mental characteristic symptom- grade 1(emotion)
- Dreams of drowning– physical characteristic symptom- grade 1
- Aversion to sweets-physical characteristic symptom- grade 2
- Mammary tumors – particular symptom- grade 3
- Pernicious anemia- particular symptom- grade 3



### TOTALITY OF SYMPTOMS

S. NO	CHAPTER	RUBRIC	SUBRUBRIC	PAGE NO.
1	MIND	FEAR	High places	142 ( v-1)
2	MIND	SPEECH	Hasty	266 ( v-1)
3	MIND	DICTATORIAL	-	110 ( v-1)
4	MIND	BAD NEWS	Complaints from	35 ( v-1)
5	MIND	OFFENDED EASILY	-	222 ( v-1)
6	DREAMS	DROWNING		327 ( v-1)
7	CHEST	Tumors	mammae	1003 ( v-1)
8	GENERALITIES	FOOD AND DRINKS	Sweets, aversion	2109 (V-2)
9	GENERALITIES	ANEMIA	pernicious	2029 (V-2)

### REPERTORIAL RESULT

After manual repertorization in a specialised repertory sheet containing all the rare remedies of the Phoenix Repertory, the result was as follows:

DRUG	DEGREE/SYMPTOMS
MERC	12/6
LYCO	11/7
PHOS	10/7
SULP	10/6
LACH	9/5
CARC	8/5
GRAP	8/3
CALC	7/5
ARNICA	8/6

Lycopodium 200 single dose was prescribed to the patient.



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### COMPARISON REPERTORIAL RESULT USING KENT REPERTORY AND SYNTHESIS REPERTORY

As Kent’s repertory was the basis of Phoenix repertory and a lot of remedies and rubrics were added to it, hence the result must be compared and as synthesis is one of the modern repertories in which still the rubrics and remedies are continuously added, the reportorial result must be compared

### RESULTS

While repertorization paucity of rubrics is felt as few rubrics like hasty speech, pernicious anaemia is not there in Kent’s repertory. Even though few rubrics are not there in Kent’s repertory the reportorial result shows very similar result to that of the phoenix repertory. Whereas when compared to another modern repertory which is continuously evolving i.e synthesis repertory containing all the rubrics also the reportorial result is very similar to that of the phoenix repertory.

### DISCUSSION

Phoenix repertory is a modern repertory containing a vast number of rubrics, helping in individualization of a case.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
	sulph.	merc.	phos.	caust.	puls.	zinc.	lach.	lyc.	calc.	graph.	ars.	nat-m.	con.	staph.	chin.	ign.	kali-c.	alum.	bov.	sil.	verat.	cham.	med.	nux-v.	
	5	5	5	4	4	4	4	4	3	3	3	3	3	3	3	3	3	3	3	3	3	3	2	2	
	11	9	9	7	7	7	6	6	8	8	7	7	6	6	5	5	5	4	4	4	4	3	5	5	
Clipboard 2																									
MIND - OFFENDED,easily	(49) 1	2	1	1	2	2	2		2	2	2	2	2	2	2	1			2	2		2	1		3
MIND - BAD news,ailments from	(23) 1	2		1		1		1		3			2			1	2	1							2
MIND - FEAR - high places	(4) 1	2				1									1										
CHEST - TUMORS, - Mammae	(10) 1			2				2					3								2				
SLEEP - DREAMS, - drowning	(14) 1		1			1		1								1	1	1	1	1	1	1			
GENERALS - ANAEMIA	(89) 1	3	3	3	2	3	2	1	3	3	3	3	2	3	3	2	3	1	1	1	1	1	1	3	2
STOMACH - AVERSION to - sweets	(12) 1	2	2	2	2	2				3	2														
MIND - DICTATORIAL	(9) 1		2		1			1	2					1									1		

Figure showing repertorization using Kent’s repertory.

	lyc.	ars.	merc.	sil.	phos.	puls.	calc.	lach.	sulph.	caust.	hyos.	med.	nat-m.	carb.	bell.	nux-v.	plat.	ign.	iod.	sep.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
8	7	7	7	7	7	6	6	6	6	6	6	6	5	5	5	5	5	5	5	5
13	11	11	11	10	9	10	10	10	9	9	8	8	9	8	8	8	7	7	7	7

Clipboard 1

MIND - OFFENDED, easily	(135)	1	3	3	1	2	1	2	3	2	2	3	1	1	2	4	2	3	2	1	3	2
MIND - AILMENTS FROM - bad news	(67)	1	1	1	2	1	1	3	1	2	1	1	2	2			2		2		1	
MIND - FEAR - high places, of	(120)	1	1	1	1	1	1	1	1	1	1	1	1	1	2	1		1		1	1	
MIND - DICTATORIAL	(66)	1	3	1	2	2	1	1		1	2	1		2	1	1		1	2		1	1
MIND - SPEECH - hasty	(65)	1	1	1	3			1		3	1	1	3				2	1	2	2		2
CHEST - TUMORS - Mammae	(55)	1	1		1	2	2	2	1	2			2				2		1		1	
DREAMS - DROWNING	(57)	1	1		1	1														1		
GENERALS - ANEMIA - pernicious	(14)	1		2			2		1					1	1	1						
GENERALS - FOOD and DRINKS - sweets - aversion	(86)	1	2	2	2	1	2	1	1		2	2	1	1	1	1	1	1		1	1	

Figure showing repertorization using synthesis repertory.

The author Dr. JPS Bakshi has added a separate chapter for dreams in order to highlight its importance<sup>3</sup>. Phoenix repertory contains a lot of modern terminology and clinical symptoms .phoenix repertory can be used a wide variety of cases as it contains a lot of general symptoms as well as particular symptoms. Phoenix Repertory can be used with easy in any case containing characteristic mental and physical general symptoms along with particulars. Clinical rubrics and characteristic dream symptoms are well represented<sup>3</sup>. As we can see through the repertorization of case using 2 other significant repertories it can be noted that phoenix repertory is



equally significant and no intelligent physician should deny the use of such a remarkable book.

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